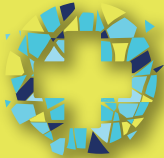


COMPASSIONATE MIND TRAINING

Gallipoli Medical Research Foundation



Veteran Mental Health Initiative
Research to restore lives

CALL FOR PARTICIPANTS:

VETERANS AND THEIR PARTNERS



COMPASSIONATE MIND TRAINING

The Gallipoli Medical Research Foundation has launched their latest study investigating Compassionate Mind Training for ex-service personnel and their partners.

We are seeking couples who are willing to attend 12 sessions of Compassionate Mind Training within a small group. The training will occur twice a week for 6 weeks and each session will be 2 hours in length. Participants will also be asked to complete 11 questionnaires on three occasions to help determine if this training improves compassion, psychological symptoms, general well-being and relationship well-being.

To be eligible for participation, you are required to be:

- An ex-service personnel with a current partner
- Have a diagnosis of posttraumatic stress disorder
- Able to attend the training sessions with your partner

We are unable to offer you a place in the study if you are currently hospitalised for a psychological condition or currently engaged in another group therapy program. There will be no costs or reimbursement associated with participation.

If you would like more information about the training, or you are interested in participating, please go to the link below to register your interest or contact the Study Coordinator, **Dr Sarah Hampton**, on hamptons@ramsayhealth.com.au or **(07) 3394 7916**.

This project is sponsored by Medibank's Mental Health and Wellbeing Fund.

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