

MENTAL HEALTH FIRST AID TRAINING

Gallipoli Medical Research Foundation



Veteran Mental Health Initiative
Research to restore lives

**CALL FOR
PARTICIPANTS:**

FAMILY MEMBERS OF VETERANS



MENTAL HEALTH FIRST AID TRAINING

The Gallipoli Medical Research Foundation has launched their latest study investigating Mental Health First Aid training for families of ex-service personnel with a mental health condition.

We are seeking family members of ex-service personnel to complete a 12 hour Mental Health First Aid (MHFA) training course (across 2 days) and complete six questionnaires at three time points.

The MHFA training course will be free of charge and involves gaining skills in providing initial support to adults experiencing mental health problems or crises. The course will be delivered by an accredited MHFA Instructor at Greenslopes Private Hospital.

To be eligible for participation, you are required to be:

- A family member of ex-service personnel with a mental health condition (including partner, parent, sibling, adult child, in-law or extended family member).
- Currently residing with or in weekly contact with the relative with a mental health condition.
- Over the age of 18 years.

If you are interested in participating or would like more information please go to the link below or contact the **Veteran Mental Health Initiative Team** on **07 3394 7916** or **hamptons@ramsayhealth.com.au**

This project is sponsored by Medibank's Mental Health and Wellbeing Fund.

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